Benefits at-a-glance

This is a summary of your Alberta Blue Cross group benefits including those benefits you may have opted out of. For a more detailed explanation of your coverage, please refer to your benefits booklet.

*Life	Two times annual earnings to a maximum of \$500,000 Equal to amount of life insurance Contact your plan administrator for more coverage details		
*Accidental death and dismemberment			
*Optional life			
*Optional critical illness	Contact your plan administrator for more coverage details		
Disability insurance	· · ·		
*Long term disability	66.67% of monthly earnings to a maximum of \$4,500 per month		
	*May be subject to medical evidence. Please see your benefits booklet for more details.		
Prescription drugs			
	100% coverage, reimbursement		
Extended health			
	100% coverage		
Ambulance services	Up to the maximum as outlined in the schedule of ambulance fees	**Covered practitioners	year
Custom fitted braces	Once per limb in a 24-month period	Acupuncturist	\$750 ¢750
**Eye examinations	One eye exam in a 24-month period	Audiologist	\$750 \$750
-	between 19 and 64 years of age	Chiropractor Dietician	\$750 \$750
Foot orthotics	\$400 per benefit year	Massage Therapist	\$750 \$750
Hearing aids	\$800 in a 5-year period	Naturopath	\$750
	\$15,000 per benefit year	Occupational Therapist	, \$750
-		Osteopath	\$750
	Refer to your benefits booklet for details	Physiotherapist	\$750
Medical equipment		Podiatrist/Chiropodist	\$750
Orthopaedic shoes	1 pair to a maximum of \$400 per benefit year	Psychologist/Social Worker Speech Language Pathologist	\$750 \$750
	** Per visit maximums apply.		1
Dental benefits			
Basic	100% coverage up to \$1,500 per participant per benefit year		
	(combined with extensive and periodontic benefits)		
Periodontic	100% coverage up to \$1,500 per participant per benefit year		
Extensive	(combined with basic and extensive benefits)		
Extensive	80% coverage up to \$1,500 per participant per benefit year (combined with basic and periodontic benefits)		
Orthodontic	50% coverage up to \$1,500 lifetime maximum per dependent under 21 years of age		
Additional benefit(s)			
Out of province/country	100% coverage, 90-days maximum duratio	n per trip	
emergency travel	Please refer to your benefits booklet for limitations and exclusions		
Vision	100% coverage up to a maximum of \$250 every 24 months		
	Physician specialists second opinion coverage for qualifying conditions		
Second Opinion	Physician specialists second opinion cover:	age for qualitying conditions	

This benefit summary is a guide and not intended to be a complete outline of your benefits. For a more detailed outline of your benefits, please sign in to the Alberta Blue Cross member web site through <u>www.ab.bluecross.ca</u> to refer to your benefits booklet. In the event of a discrepancy between this benefit summary and the group contract, the group contract shall be considered correct. Customer Service call centre 780-498-8000 or toll free 1-800-661-6995.