



Active Participation

Requires a responsible person 14 years of age or older to participate with the participants 7 years of age or under in the fieldhouse. In the Aquatics Centre and/or on the ice the child must be within arm's reach of guardian. If the description states an Adult is required the active participant must be 18 years or older. Some instructor-led programs may also require active participation.

Age requirements vary for registered programs and drop-in opportunities.

Active Supervision

Requires a responsible person 14 years of age or older to watch participants 7 years of age or under from the sidelines of the fieldhouse, from the players bench in the ice arenas, the pool deck of the Aquatics Centre and within the alotted space of each zone on the Indoor Track level (High Performance, Cycling & Training Zone).